

FAQ sheet

What are the minimum age requirements, and do you need a parent or guardian's consent to participate?

No runner under age 12 may participate in the 5K unless accompanied by an adult.

What time should I arrive on race day?

Walkers/runners should arrive between 8:30am-9:30am.

Can I walk?

Participants may walk the course, provided they complete the route in 90 minutes.

Will there be a hydration station on the course?

There will be ONE water station, approximately halfway onto the course.

Are there porta-potties on the course?

NO, as this is a short-course event.

Will spectators be allowed to view the finish?

Yes, however, they must remain on the west side of the street in front of the Temple — not on the roadway.

Where will my results be posted?

Results will automatically be recorded and available at the finish kiosk.

Are baby joggers, strollers or pets allowed on the course?

No pets are allowed; however, baby strollers/joggers will be permitted at the participant's discretion, as the course has some uneven roadways.

Do I need an ID for entrance to the Riverdale Temple on race day?

Yes, you will receive a Tyvek wristband in your race packet, which must be worn at all times before, during, and after the run/walk.

Will there be a bag drop?

Yes, it is mandatory that you bring the clear drawstring bag we supply you with for use on race day.

Will there be an awards ceremony?

Yes, after the last runner/walker finishes. There will be age place and overall age groups awards.

If I leave before the award ceremony, may I be able to pick up my award from the Temple?

Weekdays between 9:00am and 5:00pm.

Are headphones allowed during the walk/run?

Headphones are allowed; however, we strongly encourage participants to abstain from using them during the race.

Packet pick-up at the Riverdale Temple:

No packets will be mailed out. See website for days and times.

I registered, but now I cannot make it and would like my race packet; can I still pick this up another day?

We will only hold race packets through the end of the race week (excluding Saturday/Shabbat).

Can I pick up my friend's or family member's packet?

Yes, you can. If you are unable to pick up your own packet, you may authorize another person to pick up your packet. The authorized individual MUST have their own photo ID, a signed and printed authorization form, and a copy of the participant's photo ID. The signed authorization form MUST be printed; we will not accept any authorization via phone, text message or any other electronic device. The copy of the photo ID can be via text, email, or photocopy. NO EXCEPTIONS. We will not release the packet/bib if any item is missing.

What is in my packet?

Clear bag (for your drop clothing to change)

Bib number

Technical shirt

Safety pins

Tyvek bracelet

Can I exchange my shirt size?

It is highly unlikely, as we post deadlines for registration and shirt orders at the time of registration.

I am running, can my spouse/family volunteer?

Yes, we can use as much help as we can get.

Awards:

Overall awards will be presented to overall top three men and top three women. Age group awards will be presented to top three male and female; 10-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+.

Will there be an after-party?

Yes!

Weather concerns:

The run/walk will not be cancelled due to rain alone unless the downpour is such that the police, athletes, and volunteers lose visibility, making situations unsafe. If this occurs, we will wait 30 minutes until the rain subsides. Announcements will be made on race morning.

Lightning:

In the event of lightning, the race will be postponed 30 minutes every time lightning is spotted and thunder is heard within six miles of the event. Each time this occurs, it will delay us 30 minutes.

I registered, but now I cannot make it. Can I get a refund or defer my registration to the following year?

There is NO RAINCHECK for this event. Your entry fee CANNOT be transferred to next year's event, and there are NO REFUNDS, no exceptions.

PLEASE NOTE that there is an immediate disqualification for anyone who runs under another person's bib other than the person of record.

Registration cannot be made on the day of event.

Sponsor the Riverdale Temple

We invite you to join us as a sponsor for the 2024 Inaugural Riverdale Temple 5K Run/Walk!

In keeping with our mission to offer people from all walks of life a vibrant, progressive, multi-generational Reform Jewish community here in Riverdale, our inaugural run/walk will raise funds to support our ongoing mission to provide public programming and events for our community and surroundings.